

NOVEMBER  
2018



## OUR STAFF.

### Rev. Rebecca Hinds

Developmental  
Minister

(319) 362-9827(w)

(319) 200-7650 (h)

Tuesday – Thursday:  
by appointment

### David Wise

Director of  
Faith Formation

(319) 362-9827

by appointment

### Cathy Fischer

Operations  
Coordinator

(319) 362-9827

### Office Hours

Tuesday 9-3:30

Wednesday 9-3:30

Thursday 9-3:30

### Childcare Providers

Valerie Angerer Zieser  
Adriel Ridenour

### Custodians

Jerry Morris  
& Bob Osborne

## OUR BOARD OF TRUSTEES.

### **President**

Kathleen Mavity  
(319) 270-1214

### **Treasurer**

Gary McGraw  
(319) 373-9449

### **Board of Trustee Members**

Geoff Johnson

Jude Johnson

Kathy Juba

Mike Meshack

# the VOICE.

PEOPLES CHURCH

## MISSION STATEMENT

LEADING COMPASSIONATE LIVES THROUGH  
SPIRITUAL GROWTH AND JUST ACTION.



### Good Neighbors

Amy Bostwick | 775-2805 | [sassafrass2011@gmail.com](mailto:sassafrass2011@gmail.com)

### Paraministers

October 29—November 11 | Audrey Hauter | 448-4490

November 12—November 25 | Dorothy Hershner |

November 26—December 9 | Rose Gabe |

QUESTIONS, COMMENTS, SUGGESTIONS.

[OFFICE@PEOPLESUU.ORG](mailto:OFFICE@PEOPLESUU.ORG) | (319) 362-9827

The month of November begins every year with an opportunity to remember our ancestors and this year is no different. Around the world people are heading into the coldest, darkest part of the year celebrating and honoring Samhain, Halloween, All Saints Day, All Souls Day, and Day of the Dead.

In addition to these sacred holidays, November also brings us Native American Heritage Month, Veterans Day (Nov. 11), Transgender Day of Remembrance (Nov. 20) and Thanksgiving Day (Nov. 22). These national and cultural holidays call us to remember the brave people and complex stories which came before us and make us who we are today.

So, perhaps it makes sense that our theme for November is MEMORY.

At the time of this writing, I am sitting in anguish at the possibility of our current administration narrowly redefining gender to erase transgender people. This move would contrast sharply with the broad consensus of the medical and scientific communities and is simply cruel and unnecessary. Biology is full of variations and gender and sex are not the same thing. If this happens it will harm people I love, people who have shaped me, and people who very much exist and are real in my life, in the life of this congregation, and all across history and time.

So, as we remember our ancestors and our history this

month let's be sure to remember transgender people. Let's tell their stories, say their names, and recommit to making the world safe for them.

Let's remember the veterans who fought for all of us and our responsibility as a nation to make sure they have the services and care they need when they come home.

Let's remember the difficult history of racism in America and work to heal this wound.

Let's remember the Native Americans on who's land we live and who's stories we entered into with great respect and commitment to support native people.

Let's remember that we did not make ourselves. As Rev. Rebecca Parker says, "We receive who we are before we choose who we will

become." In other words, we are born into a story already being told.

As we spend time at PCUU this month remembering, perhaps you can take some time at home to do the same. Remember your ancestors. Tell their stories around your Thanksgiving table. These people paved the way for us to be here. It is our job now to remember them, carry on their work, and continue to fight for justice, freedom, and equality. Whatever happens, we owe it to them to keep going.

In faith,

Rev. Rebecca

“ TO  
ACKNOWLEDGE  
OUR  
ANCESTORS  
MEANS WE ARE  
AWARE THAT WE  
DID NOT MAKE  
OURSELVES.  
- Alice Walker ”

# MOMENT

# Minister's



Rev. Rebecca  
Hinds

# Sunday Worship



## **November 4 | 11am Service: The Spiritual Gifts & Challenges of Memory Loss**

November is Alzheimer's Awareness month.

What can we learn from Alzheimer's about what it means to be human? How can we cope with memory loss (our own or that of a loved one)?

And how can we understand spirituality in light of Alzheimer's? Service lead by Rev. Rebecca

**Music:** Scott Mansfield

**Greeters:** Sheryl Ochs

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*Cookies, Coffee, and Conversation following Service.*

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**November 11 | 11am Service: Race for Justice**

Over the last year we have been focusing our collective social justice efforts on dismantling white supremacy and ending racism. This service will feature several PCUU members sharing what they have learned about race, whiteness, and ending white supremacy culture in America. From a painful past we will find our way forward towards justice and equity. Service led by the PCUU Social Justice Council.

**Music:** Slayton Thomas

**Greeters:** RC Eichacker



**November 18 | 11am Service: Remembering UU Theology & NEW MEMBER SUNDAY!**

This week we honor the birthday of James Luther Adams, one of the greatest 20<sup>th</sup> century Unitarian theologians. As we remember the tremendous legacy of Adams, we will also re-member our congregation in a ritual of welcoming new members and honoring longtime members. Service led by Rev. Rebecca.

**Music:** Peoples Choir

**Greeters:**



**November 25 | 11am Service: Living Our Legacy**

In this service we will explore what it means to be a living tradition, asking ourselves the question, “Are we living our legacy, or is our legacy living us?” Service led by Andrea Hawkins-Kemper, ministerial intern at the UU Congregation of the Quad Cities.

**Music:** TBD

**Greeters:** RC Eichacker



David Wise, Director of Faith Formation

# WISE WORDS

This Saturday a Labyrinth will be installed on the floor of the Ely Room. This is part of a Faith Formation exercise that is going to be shared by the congregation and the public. The Faith Formation program will use the Labyrinth for a teaching moment on Sunday. Following worship attendees will be invited to take a meditative walk along the path. Coffee hour is downstairs this week so those walking the path can have solitude.

You are invited to bring food to line the path of the walk. (There will also be some food items that have already been brought that can be used during your walk.) You are invited to walk the path and place a food item along the path. You are invited to meditate and contemplate what you can do to help the hunger issue. It is very real and it is not something in a far away place—there is significant hunger in Linn County! What can you do?

The Labyrinth Society describes a Labyrinth as a single path that winds back and forth around a center and leads to the center. The same path takes a walker out.

Labyrinths are an ancient model dating back over 4,000 years. They are used symbolically as a walking meditation, choreographed dance, or can be a site of rituals and ceremony. Labyrinths are tools for personal, psychological and spiritual transformation, also thought to enhance right-brain activity. Labyrinths evoke metaphor, sacred geometry, spiritual pilgrimage, religious practice, mindfulness, environmental art, and community building.

People walk the Labyrinth for many reasons. Some use as a spiritual practice, some to relax, some as a walking meditation, some for fun and to celebrate rites of passage.

The food will be divided between the church's pantry and the Linn County Food Bank after the Labyrinth closes.

The Labyrinth will also be open to the congregation and the public Tuesday Nov 6 from noon to 8pm and Thursday Nov 8 noon to 8pm. The Labyrinth can also be used at other times by appt or if access to the building is available.

We are holding a food drive at Peoples for the month of October! After several discussions related to issues facing members of the congregation and the community we decided to place a cabinet in the church and fill it with food that would be available to anyone in the congregation who has needs! The cabinet has been delivered and placed in the entry way from the street. Our goal is to get it filled. This allows us to educate the kids about caring for and helping others. Items can be brought anytime! Everyone in the congregation is invited to participate. We will have a collection point in a hallway outside of the sanctuary. Items that were



mentioned by those who are dealing with food insecurity issues were items such as: \* Granola bars \* Peanut butter \* Snacks \* Canned fruit \* Nuts \* Spaghetti sauce \* Your favorite snack (it might be common place to you but a rare treat for someone facing food insecurity!)

We can't have perishable items in the pantry. So please make sure any items brought have longer shelf lives. The collection of items will culminate in a labyrinth the first week of November where we will line the path of the labyrinth walk with the foods collected. Can you help us with helping those in need?



Thanks to all who participated in the Halloween Costume Contest!! And many thanks to everyone who attended the Chili Cookoff!! \$123 was raised for the Coming of Age trip to Boston!!!

There will be no Faith Formation November 25, December 23, and December 30.

High School OWL starts in January. Grades 10-12. Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a holistic approach, Our Whole Lives provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality. Participants do not need to be involved at Peoples to join the class. We feel this program is incredibly important in the world in which we live and want everyone to experience the teaching available in OWL!

# Do You Remember?

## **Kathleen Mavity, Board President**

*Memory.*

What does that word conjure for you?

Each of us has memories that make us smile and others that make us cringe. A big question becomes, What do we do about them?

As I was thinking ahead to November's theme of memory, it occurred to me that holding on to memories of arguments, irritations, even outright ugliness is a great way to stay stuck in the past and fail to be present in the present.

That applies to every aspect of our lives – including the part that plays out in Peoples Church. Because – let's face it – each of us has done something at some point to step on the toes of one of our Peoples peeps.

But if you or I let one icky interaction with another person influence all our future ones, how exactly are we being true to our Mission of living compassionate lives through spiritual growth and just action? (Hint: We're not.)

Nor would we be doing a good job of adhering to the commitments we made when we voted in favor of our Covenant of Right Relations three years ago.

Fortunately, by paying attention to thoughts and reactions that may have become habitual, you and I can start to uncover one AFGO (Another Flippin' Growth Opportunity) after another...and both the Covenant and our Mission are powerful tools for increasing awareness.

For example, the fourth commitment in our Covenant of Right Relations is to "actively listen and think before speaking." (I know: pretty radical.)

If we spend time to actually listen, process, then respond thoughtfully and kindly, I'm guessing the number of uncomfortable interactions that will become uncomfortable memories will go way down.

And it's a whole lot easier to avoid stuffing a yucky memory in your brain than it is to ignore it once it's there.

So how 'bout it? What if each of us commits to keeping her mental hard drive as free as possible from memories of times where we acted like jerks because we didn't listen to each other? We'd have a lot more space for the good memories we're creating as we step into our next 150 years at Peoples.



# PEOPLES CHURCH ENDS STATEMENTS

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1. We partner with others to build a fair and just world.
2. We create a spiritual home that welcomes everyone of goodwill.
3. We articulate our UU faith, teach it to our children, and live it in the world.
4. We support our mission with compassionate presence, talented participation, and financial resources.
5. We create transformative spiritual experiences together that awaken our compassionate action.

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## **Congregational Meeting Mailing Party**

The church office is in need of a few volunteers on November 16th in the afternoon to help assemble the December Congregational Meeting Mailing. Please reach out to Rev. Rebecca directly or send an email to the office at [office@peoplesuu.org](mailto:office@peoplesuu.org) if you are able to help. THANK YOU!



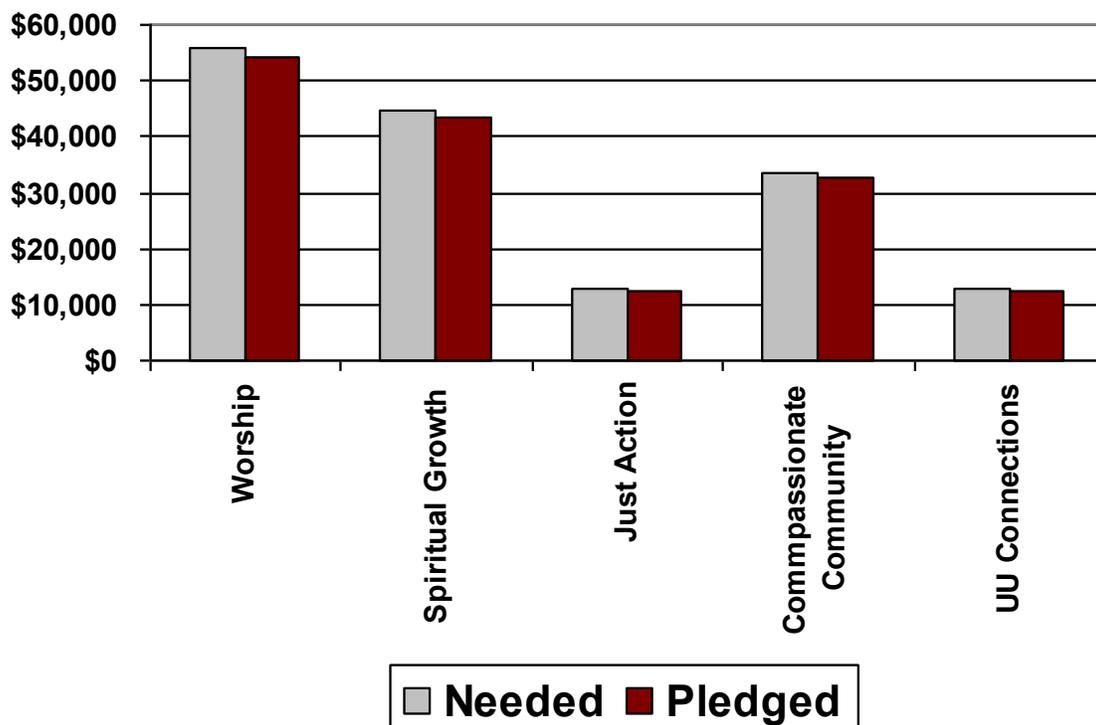
CANVASS 2019

*What I know for sure is that  
What you give comes back to you.  
Oprah Winfrey*

As of October 17, 2018, the pledge campaign is over. The good news is that due to our generous congregation, we raised \$154,588 in pledges for 2019. This is the best we have done in the last three years! Thank you everyone for your generosity.

The bad news is that we had hoped to raise \$160,000 to promote our mission in the following areas: worship, spiritual growth, just action, compassionate community and UU connections. The chart below shows the amount of money needed in each area and how the shortfall may affect the areas since the largest expenditures are staff salaries and building maintenance.

What happens now is the Finance Team will work on a budget for next year which will go for approval first to the Board of Trustees in their November meeting and then to the Congregation in the December Congregational Meeting.



Bob Butikofer and Bryan Davis were the chairs for this campaign. Please let them know your thoughts for improvement in future campaigns. Thanks!

# Stained Glass Window

## UPDATE

### Sanctuary stained-glass windows by Christmas!

We are excited to announce that stained-glass windows from the 3rd Ave church are coming into the sanctuary! We have a signed contract to install two round windows in the sanctuary beginning Nov. 1 or soon thereafter. An enclosure will be constructed to hold each window which will be backlit with LED lighting. The new enclosures will be covered in fabric to enhance acoustics. One will be in the chancel at the front of the sanctuary and the other will be located above the clock at the back of the sanctuary.

Both windows have been restored and are awaiting painting of the wood framing pieces. You can take a look at the windows in the room to the right of the chancel (studio).

Services will be conducted in the sanctuary as usual during the construction process even though furniture may be moved a bit and the scaffolding will remain in place until completion.

### Color Meeting with Windows Team

The Sanctuary and Windows Teams put in a lot of time, energy, and effort over the last two years to get us to this point. The last piece of the puzzle is figuring out what colors to paint the walls surrounding the windows. A professional color consultant came in early on

in the process and provided a beautiful color pallet for us to work with that complements the windows.

The options based on this color pallet are posted on the back wall of the sanctuary. Leave a comment or speak with Jo Wasta or Marcy Mattison after the service if you

have any questions or comments.

Multiple meetings open to the congregation have been hosted to gather input from the congregation on these options, but if you missed don't worry! One more open color meeting will be held on Sunday, Nov. 4<sup>th</sup> before church at 9:45am. This will be your last opportunity to weigh in on color choices as final decisions must be made quickly.



# SOCIAL JUSTICE COMMITTEE



## SAVE THE DATES

- November 3 from 2 to 4 pm at Westminster Presbyterian Church. A panel discussion hosted by the Ecumenical Community Center on Our Linn County Neighbors In Need.
- The Social Justice Council will meet Sunday, November 4 at 12:15pm.
- November 11 a Forum at 9:45 in the Ely Room where we will watch a keynote lecture from GA 2018. Brittany Packet, a social activist speaks on racial injustice. The Service on November 11 will be The Race for Justice.
- The Social Justice Council will present, a Service, Race for Justice on Sunday, November 11, 2018.

## 4th Quarter Book Read

Our fourth quarter book read is *The Third Reconstruction: How A Moral Movement Is Overcoming the Politics of Division and Fear* by the Reverend William J Barber II. This book is available for electronic purchase for \$11. It can be purchased used online from \$7. Three copies will be available for borrowing from the office.

The Forum on our fourth quarter read, *The Third Reconstruction: How A Moral Movement Is Overcoming The Politics Of Division and Fear* by Reverend William Barber II will be held on Sunday, November 18 at 9:30 am in the Ely Room.

## 4th Quarter Collection

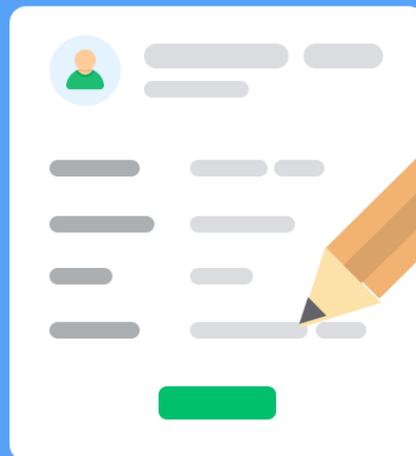
Our fourth quarter First Sunday Plate Collection will go to the African American Museum.

## Finance Committee Update

Finance Committee met on 11/18/18 to review financial reports and draft budget for CY 2019.

Cash flow for the first three quarters of the year (January 1 through September 30) was negative.

- January through September income \$133,151
- January through September Expenses \$143,847



# Peoples Church

## RECOMMENDS



Hosted by Poet  
and Performer  
**Christopher  
Sims**

Poetry slam at  
**UptownLive**

1323 1st Ave. SE  
Cedar Rapids, Iowa

Saturday, November  
10th, 2018

6PM-9PM

\$5 cover charge

Email

**christopherdsims@outlook.com to  
compete or for more details.**

Are you interested in learning more about Peoples Church and what it means to be a member?  
If so, contact Rev. Rebecca Hinds!

# New Member Class

November | 1st, 8th & 15th | 5:30pm



# Our Events

Date	Day	Time	Event
1-Nov	Thursday	5 – 8pm	New Member Class
		6-8:30pm	CUUPS Samhain Ritual and Potluck
3-Nov	Saturday	2-4pm	ECC Fund Raiser
4-Nov	Sunday	All Day	Daylight Savings Time Ends - Fall Back an Hour
		9:45-10:45	Color Meeting with the Design Team
		9:45-10:45	Faith Formation Class for children and youth
		11am – 12pm	Worship
		12:15-1:15	Social Justice Council Meeting
		6:15-8:15	Board Meeting
7-Nov	Wednesday	6-7pm	Membership Committee Meeting
8-Nov	Thursday	5-8pm	New Member Class
10-Nov	Saturday	2-4pm	VM Rehearsal
		6-9pm	Poetry Slam at Uptown Live
11-Nov	Sunday	All Day	Veterans Day
		9:45-10:45	Ware Lecture Forum
		9:45-10:45	Faith Formation Class for children and youth
		11am – 12pm	Worship
12-Nov	Monday	12-1pm	Van Vechten Guild Meeting
13-Nov	Tuesday	1-2pm	Paraminister Meeting
		7-8:30pm	LGBTQ Support Group
15-Nov	Thursday	5-8pm	New Member Class
		6:30-7:30	Finance Committee Meeting
18-Nov	Sunday	9:45-10:45	Social Justice Forum - 4th Quarter book
		9:45-10:45	Faith Formation Class for children and youth
		11am – 12pm	Worship
		12:15-1:15pm	Worship Associates Meeting
19-Nov	Monday	6:30-8pm	CUUPS Spirituality Class
22-Nov	Thursday	All Day	Thanksgiving
23-Nov	Friday	All Day	Black Friday
24-Nov	Saturday	2-4pm	VM Rehearsal
		6:30-8pm	CUUPS Full Moon
25-Nov	Sunday	9:45-10:45	Faith Formation Class for children and youth
		11am – 12pm	Worship

**ECC Fund Raiser | Saturday | Nov., 3 | 2pm**

**Westminster Presbyterian Fellowship Hall**

Come listen to a panel of local social justice leaders discuss key issues facing our local "Neighbors in Need." Keynote speaker Karl Cassell, former CEO of Horizons. RSVP by email to admin@ecc-cr.net or (319) 362-4284.

**Daylight Saving Time Ends**

**Sunday | November 4th**

Don't forget to set your clocks back an hour and enjoy a little more sleep!

**Color Meeting with the Design Team**

**Sunday | November 4 | 9:45am | Ely Room**

The last color meeting will be held on Sunday, Nov. 4th. This will be your last opportunity to weigh in on color choices for the sanctuary as final decisions must be made quickly.

**Board Meeting**

**Sunday | November 4th | 6:15 PM | Ely Room**

The BoT meets every month to conduct the business of the church. Peoples people are always welcome to observe and learn about the topics at hand.

**The 4th Q SJC Book Forum**

**Sunday | November 11 | 9:45am | Ely Room**

The Forum on our fourth quarter read, The Third Reconstruction: How A Moral Movement Is Overcoming The Politics Of Division and Fear by Reverend William Barber II.

**Van Vechten Guild Meeting**

**Monday | November 12 | 12pm | Andre Room**

This month's program will be presented by Bill Desmarais who will be speaking on Volcanos. We are also finishing up our annual pecan sales for this year. Still time to get an order in or add to a current order. As usual this will be a brown bag lunch with dessert and drinks provided. Everyone is welcome.

**CUUPS Spirituality Class**

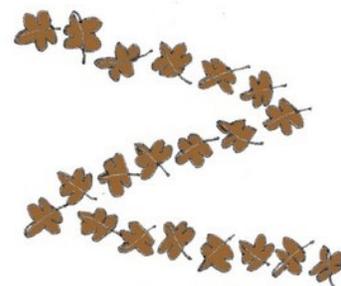
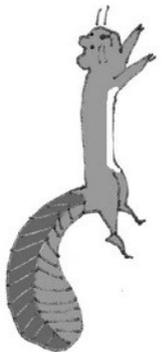
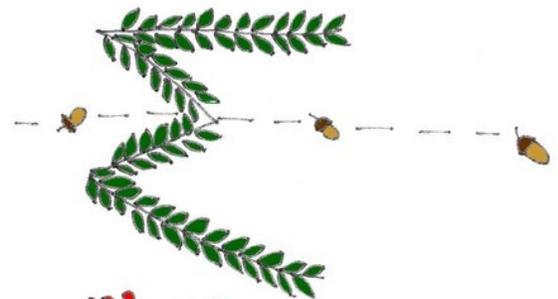
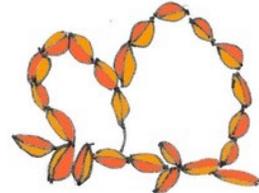
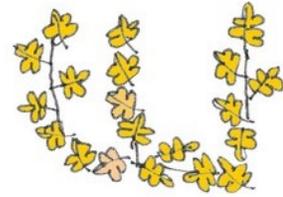
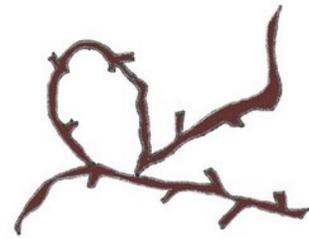
**Monday | November 19 | 6:30 | Ely Room**

We will be gathering to discuss news and exciting upcoming events.

**CUUPS Full Moon Ritual**

**Saturday | November 24 | 6pm**

This ritual is open to all who walk an earth-based path or anyone who is interested in exploring an earth-based path in more depth. We will meet at the Pavilion near the Old MacDonald Farm for ritual. Rituals often involve burning sage or incense. If you have other questions, please email Sam at sammie.ball2012@gmail.com. The rain location will be the Ely room at People's Church.



# the Voice



A MONTHLY NEWSLETTER



**PEOPLES  
CHURCH**  
4980 GORDON AVE. NW  
CEDAR RAPIDS, IA 52405